

The Utrujj Weekend Retreat 2019

Fast-paced life?

Are you wanting to build an intimate relationship with Allah?

Are you seeking a wholesome and rejuvenating environment for yourself and your family, an all-round experience of tranquillity, fun and nourishment?

Experience the ultimate weekend spiritual retreat... the great escape from the fetters of everyday life to a sanctuary of tranquillity.

Disconnect to reconnect with your Lord.

The Utrujj Ramadan Retreat is an outstanding opportunity to nurture your mind, body and soul. Taste the fruits of authentic knowledge applied in the context of your own reality. Taught with a fine balance of clarity, detail and deep wisdom by the acclaimed teacher, Shaykh Haytham Tamim. We know from the famous *Hadith Jibreel* that Islam is built upon five, yet these 5 should lend themselves to the ranks of spiritual excellence- to worship Allah as though you see Him.

In Ramadan, Allah Almighty blesses our time and efforts and makes it easier for us to gain His intimacy. Yet what are the steps along this journey to find this closeness? What are the obstacles in our hearts and how do we overcome them?

A purified heart reflects the light of Allah, whilst the same light may not be able to penetrate a heart obscured by and enveloped in darkness. Thus, we hope the spiritual toolkit will provide a practical approach to removing these veils which come between ourselves and Allah.

What the Course Explores

The *Maqasid* is a practical synopsis of the tenets of Islam, including purification. Written by the great early scholar, Imam An Nawawi (d.676AH), an illustrious *shaykh* of *hadith* and *fiqh*, the sincerity of the author (may Allah be pleased with him), its authenticity, sheer clarity and usefulness to countless people has enabled it to withstand the test of time.

Learn. Love. Live Islam.



Combined with opportunities to ask questions, engage in workshops and join in both congregational prayer and *qiyam ul layl*, this is a unique invitation and not to be missed.

A Whole Family Experience

Utrujj retreats are a whole person, whole family experience. Halal and nutritious buffet meals, a congenial ambience and invigorating natural surroundings serve to provide the detox we so desperately need. With a choice of residential and day packages, creche provision and family rooms, what better opportunity to rejuvenate our hearts before Ramadan! Leisure time is a staple during the Utrujj retreat, with opportunities to connect with oneself, loved ones, friends new and old, perhaps try a new adventure or sport (to be confirmed).

The Reading Wokefield Park Estate boasts scenic grounds, an onsite pool, gym and sports facilities, as well as exciting outdoor activities.

* Children up to the age of 12 years will be expected to take a place in the creche, or for delegates to make alternative childcare arrangements. An independent programme of age-appropriate activities will be arranged for them. Further details regarding the creche and leisure facilities/ activities as well as a handbook will be made available nearer the time once a formal booking has been made.

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